

FEBRUARY TRAIL PLAN

MOPAC WEST TRAIL- 5.08 MILES

WELCOME!

The 2023 Trail-A-Thon is your chance to explore every inch of trail by biking, running, or walking! Our goal is for people to see and appreciate the great trail system in Lincoln.

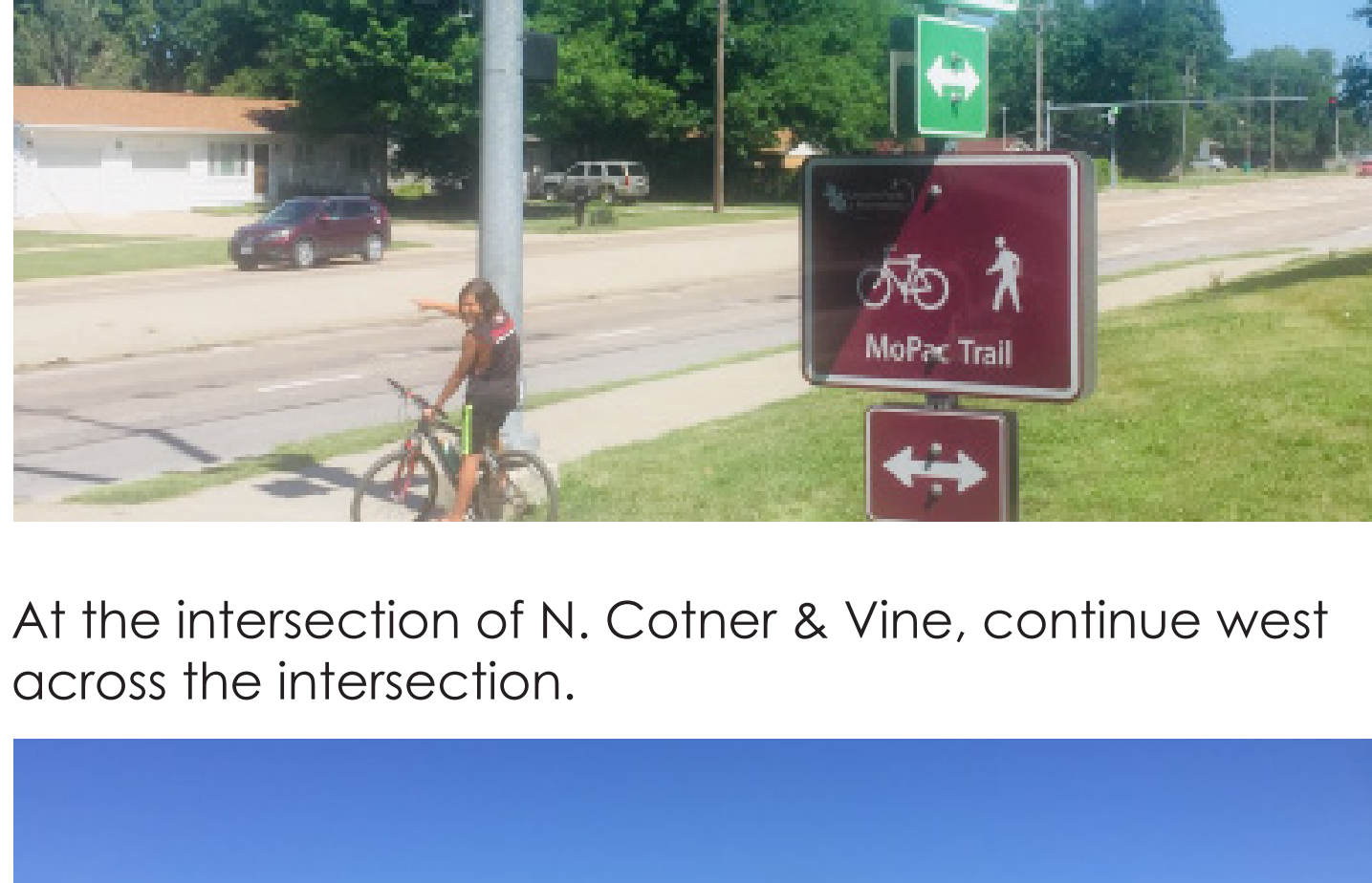
This month's trail is the Mopac West, a scenic tour from the east side of Lincoln to the center of town, You will get to see parks, cross bridges and, if you look carefully, you will be able to see a hidden neighborhood lake.

TRAIL

We recomend running, walking or riding east-to-west and ending downtown so that you only run MoPac West. MoPac East can also be accessed at the east end, and while it's beautiful in its own right, it is not included in the Trail-A-Thon. Enjoy!

START

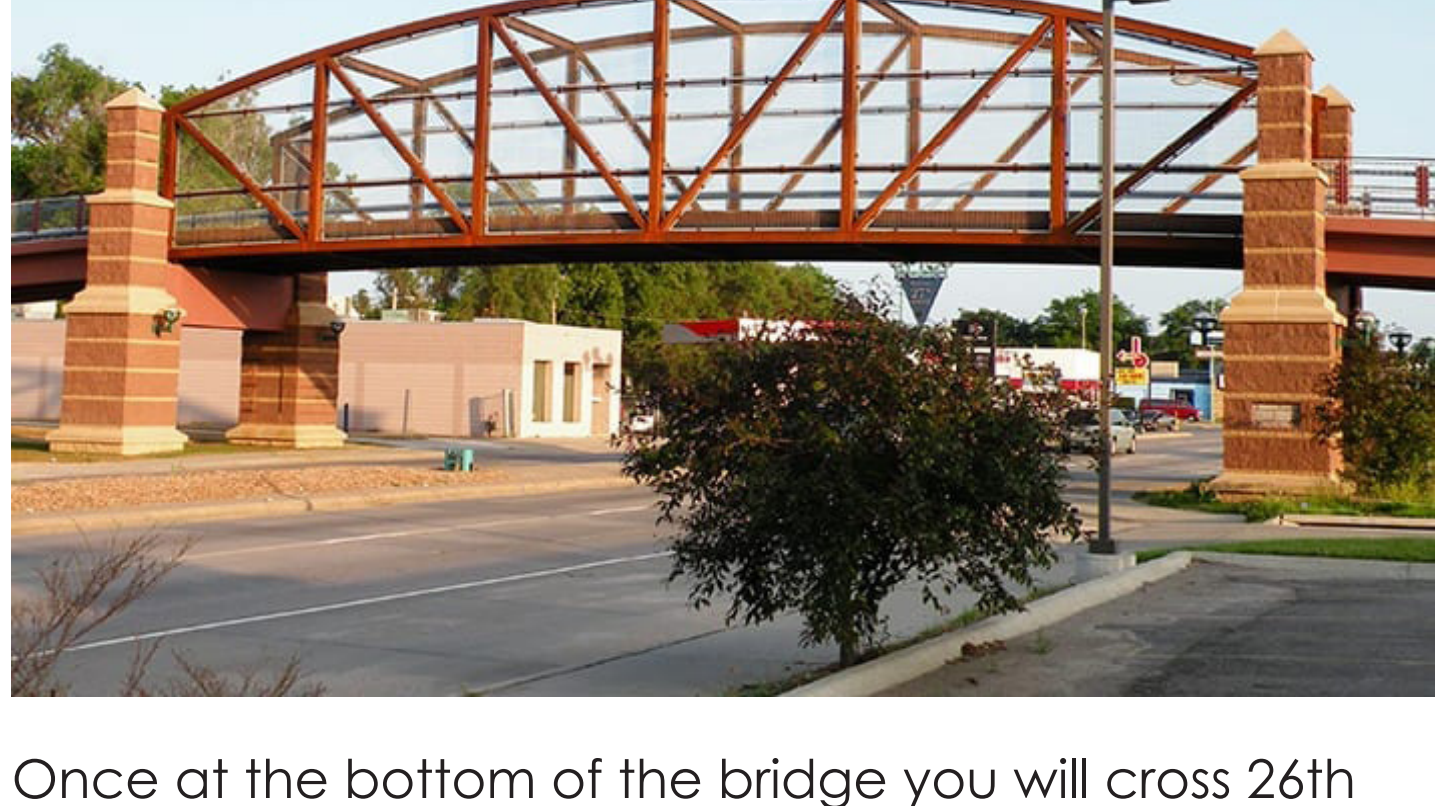
Park at the trailhead, on the east side of 84TH Street, just south of O Street. Head west towards downtown.



At the intersection of N. Cotner & Vine, continue west across the intersection.



You'll cross over 33rd S. street using a yellow flashing light sign as you enter Peter Pan Park. Then you will venture over the wonderful bridge named after the mother of the trails Elaine Hammer. We lost Elaine in November 2022. She will be greatly missed.



Once at the bottom of the bridge you will cross 26th Street and then you will take a left down 24th and a quick right as the trail continues on W Street. You will ride behind the Prem Paul Research Center (formerly Whittier Junior High School).

This sign is at the top of the ramp on Vine ST (just east of N. Antelope Valley Pkwy). Make a right at this sign to go down the ramp.



This sign can be found at the bottom of the ramp when you turn off Vine Street. It is at the intersection of the Billy Wolff trail and it marks the end of the Mopac West Trail.



END

THANK YOU

Stay safe, active & healthy. We look forward to seeing you on the trails! Post